

Girona Area Challenge Tour, Spain

The cycling on this tour is considered very challenging, and can be modified to increase mileage on a daily basis if necessary. The terrain is not flat, and some days while mileage appears low, it is over mostly hilly terrain. The offset to the hard work in this tour is the deluxe accommodations we have included on most nights. We can also offer this tour for most of the year. This tour is self-guided and can start any date! See below for what is included and how it works.

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Duration

8 days & 7 nights

Day 1 | Arrival Day -in Girona

Arrival by train in Girona suggested. From Barcelona it is one hour with regular service. Transfer on your own to the first hotel - a small 4 star hotel in the charming old city. You will have an orientation at 7pm (except Sunday - then Day 2 at 9am), go to do bike set up, and then free time before dinner on your own.

Dates of Tour availability: April 15 - October, 2010. Note that in July/August both heat and high volume of tourists make it less desirable time to arrive. **High season:** June 15-Sept 15; Low season reduction of 55 euros/person possible during other times.

Hotel Historic 4

Girona

The lovely boutique-hotel Hotel Historic is a nice little hotel and apartment-house just within the ...

Price

1336 Euros per person, low season, based on double occupancy. For triple or quad rates, please contact us. **Single supplement when traveling with others: 322 euros. Solo supplement: 478 euros.**
(convert)

Day 2| Circular route from Girona via Sant Hillari Sacalm. (approx. 120km)

This route extends south from Girona passing into the 'Guilleries' mountains. The route takes riders to the lake at Sant Miquel de Ter, and the mountain village of Santi Hillari. This was a favorite ride of Lance Armstrong according to locals. Today's route level: Medium. Same hotel, dinner on your own in Girona. (B)

Included : 7 nights accommodations (5 nights in 4 star deluxe, and 2 nights in 3 star), breakfast daily, 4 dinners, all luggage transfer, arrival orientation and bike set up, travel assistance and limited local support throughout the tour, route books with color maps and cue sheets.

Bike Rental Info

Merckx road bikes - see details below

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info@pure-adventures.com

Toll-Free: 800.960.2221 Direct Dial Phone (outside US): 602-235-0048 or 480.905.1235

Fax (USA):602-357-7475

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Day 3 | Linear route from Girona to Olot. (approx. 62km)

This is a moderate route which takes riders into the area known as the 'Garrotxa', a natural park and area of ancient volcanic activity and provides an opportunity for some rest and relaxation and some "off bike time". The ride is all uphill, though gradual, the distance is deceiving, the ride is a medium level. Today's route level: Medium. This hotel is a charming inn in the countryside with pool and nearby restaurant. Setting is quiet and accommodations comfortable. (B,D)

Hotel Can Blanc 3

Olot, Girona

Having a functional design this hotel near of Olot, offers everything necessary to satisfy the basic...

Day 4 | Circular route from Olot via the Vallter. (approx. 137km)

This route begins and ends in the mountain town of Olot and is one of the toughest mountain days on the trip as it includes a climb of 2000m to the top of the 'Vallter', a well known training route for professional teams. To the top of the Pyrenees and back, this is the highlight of the trip for climbers! Today's route level: Very difficult. Same hotel, dinner included again. (B,D)

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Olot, Girona

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Day 5 | Linear route from Olot to Moli del Mig. (approx. 80km)

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This route gives riders a chance to warm down before the end of their trip with a downhill ride to deluxe hotel near the coast. The route passes through the Volcanic area natural park, called La Garrotxa, which surrounds Santa Pau and Olot. In addition, the route passes the famous rowing town of Banyoles, the lake in the town is the second highest natural lake in Europe and is an international training destination for rowers. Upon arrival, head over to the beach or to the pool for some down time, before a gastronomic dinner this night. (B,D) Today's route level: Medium

Hotel Moli del Mig 4

torroella de Montgri

The hotel is a combination of a converted ancient mill from the XVth Century and a newly constructed...

Day 6 | Circular route from Moli del Mig to Sant Feliu de Guixols. (approx. 100km)

This ride takes riders away from the mountains and towards the beach. The route extends south along the coastal road visiting the fishing villages and resort towns of Platja d'Aro and Sant Feliu de Guixols, before climbing back to the Moli. Today's route level: Hard. Same hotel, dinner included. (B,D)

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Day 7 | Linear route from Moli del Mig to Girona. (approx. 52km)

This ride is a shorter route to allow riders to spin and recover a little and leave some time to visit Girona. The route does pass the mountain top Monastery of 'Mare de Deu dels Angels' at 484m giving a little challenge. Today's route level:

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Easy. Dinner on your own. (B)

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Day 8 | Departure Day - you can transfer on your own to meet a train, or stay extra days if you wish. (B)