

HIKING TOUR

Suggested Packing List



Thank you for booking a tour with us! Now it's time to start thinking about what to bring with you on your trip...

In general, layering and multipurpose clothing allow for lighter packing and therefore easier travel, and of course, bringing only what is necessary will certainly help you.

Good clothing will make you more comfortable for your trip. They minimize fatigue, provide protection, and the proper materials will help keep you cool and dry. Rain gear is an important consideration if you don't want to be wet, and breathable materials are best.

Keep baggage to a minimum. Some trips allow for only one bag per person in the price, so be sure to please check if your trip has a luggage limit (such as Camino trips).

This is a suggested packing list keeping that in mind:

Clothing

- *Casual, lightweight clothing, easily washable for restaurants and walking*
- *Fleece jacket/sweater*
- *Comfortable/casual shoes*
- *Walking/Hiking shoes (something for universal application like sneakers)*
- *Shorts / Long pants (combo pants/shorts can be convenient)*
- *Hiking socks, underwear*
- *Swimsuit (summer only)*
- *T-shirts, long sleeve shirt*
- *Hiking pole*
- *Rain gear and/or breathable lightweight jacket/wind jacket*
- *Sunglasses*

Other suggested gear and items

- *Bandana, sunscreen, lip ointment, cap/hat, drink mixes*
- *Camera, binoculars, reading/writing materials*
- *Backpack/day pack, toiletry kit, personal first aid kit*
- *Money belt/security wallet*
- *Alarm clock/travel clock and/or a watch, small flashlight*
- *Insect repellent, toiletries, medications/prescriptions, hand sanitizer gel*
- *Second skin band aids / regular band aids*
- *Toilet paper / Tissues*
- *Water bottles/Camelback*
- *Ziploc bags (to protect documents in case of rain)*
- *Chargers and adapters/converters depending on destination*

Always remember that your passport and other "essentials" need to be carried with you on the plane – essentials are those things that you can't go without if luggage gets lost like money and medications, and don't forget to try on clothing and gear before you leave home if you buy them new!

Who to Contact:

Before you Travel:

Pure Adventures – please contact your tour consultant with any questions, concerns, changes, or other situation.

800-960-2221 or 1-480-905-1235

During Travel:

Your local contact – see your final trip documents for the local numbers. Here are just a few examples of when to contact your local support person:

- Inclement weather and you need a taxi transfer
- Any communication problem with a provider of an included service